

# THE WOMEN

The Women of the 100 is a diverse subcommittee of the 100 Black Men of West Texas. The women are like-minded leaders and professionals dedicated to helping provide resources necessary for the personal growth and successful future of young women and girls in the Lubbock community.



Our goal is to influence and empower them with the ability to reach their full potential through mentorship and community engagement.

## GET IN TOUCH

### Phone

(806) 928-7718

### Website

[www.womenofthe100.org](http://www.womenofthe100.org)

### Address

P.O. BOX 6331

Lubbock, Texas 79423



AGES 8 - 17

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## AGES 8 - 17

The 8 - 17 year olds are vibrant and diverse, like-minded young leaders -in their own right- who are dedicated to supporting their own personal growth and future success. This group enjoys a supportive and inclusive environment where these young women can explore their talents, build confidence, and develop essential life skills. Mentorship plays a crucial role: experienced women share their knowledge and experiences in a way that is relatable and encouraging.

Beyond **one on one mentoring**, the program offers **leadership development, sisterhood, community service projects, and public speaking opportunities**. These activities teach valuable skills such as critical thinking, problem-solving, communication, and leadership.

**The program fee for 2025 is \$50, no matter when you join!**

## QUICK F.A.Q.

**Mentors:** Are accomplished members of the Women of the 100 who are passionate about helping young women thrive.  
**Joining:** Apply online. **Start Date:** Anytime. **One on One Mentor:** Optional. **Meetings w/ Mentor:** At least once monthly. **Orientation:** Brief introductory meeting arranged with the program coordinator. **Commitment:** Flexible; discussed during the introductory meeting.

## THE FOCUS

The focus is on proactive empowerment. This will equip young women with the tools they need to reach their full potential. The program emphasizes self-advocacy, building strong self-esteem, and understanding the power of your voice in shaping your future. The diverse membership ensures experience with a wide range of perspectives and builds a network of support within a community that reflects the richness of Lubbock.

## BENEFITS

When you join you will experience these amazing benefits:

**Exclusive Swag:** Receive free swag that includes a Women of the 100 t-shirt!

**Active Involvement:** Be invited to our monthly meetings and exciting community service projects.

**Personalized Support:** Connect with a dedicated mentor.

**Ongoing Guidance:** Benefit from monthly check-ins with our Program Coordinator.

**Celebration of You:** Get support at your extracurricular activities and have a community celebrating your most important moments with you.

